



# March

## Wellness Center Classes

[www.colorado.feb.gov](http://www.colorado.feb.gov)

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American White Pelican by Wayne Husband

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> 12—1 Fit Ball  4:45—6 Yoga w/Sue \$10	<b>2</b> 11:35—12:40 Hatha Yoga  1—3 Reserved	<b>3</b>
<b>4</b>	<b>5</b> 12—1 Body Sculpt	<b>6</b> 11:35—12:40 H Yoga \$3 3—3:45 Fit Forever 4:45—6 Yoga w/Sue \$10	<b>7</b> 11:30—12:30 Pilates \$16  5:45—7:15 Reserved	<b>8</b> 12—1 Fit Ball  4:45—6 Yoga w/Sue \$10	<b>9</b> 11:35—12:40 Hatha Yoga	<b>10</b>
<b>11</b>	<b>12</b> 12—1 Body Sculpt	<b>13</b> 11:35—12:40 H Yoga \$3 3—3:45 Fit Forever 4:45—6 Yoga w/Sue \$10	<b>14</b> 11:30—12:30 Pilates \$16  5:45—7:15 Reserved	<b>15</b> 12—1 Fit Ball  4:45—6 Yoga w/Sue \$10	<b>16</b> 11:35—12:40 Hatha Yoga	<b>17</b>
<b>18</b>	<b>19</b> 12—1 Body Sculpt	<b>20</b> 11:35—12:40 H Yoga \$3 3—4:30 Fit Forever 4:45—6 Yoga w/Sue \$10	<b>21</b> 11:30—12:30 Pilates \$16  5:45—7:15 Reserved	<b>22</b> 12—1 Fit Ball  4:45—6 Yoga w/Sue \$10	<b>23</b> 11:35—12:40 Hatha Yoga	<b>24</b>
<b>25</b>	<b>26</b> 12—1 Body Sculpt	<b>27</b> 11:35—12:40 H Yoga 3—3:45 Fit Forever 4:45—6 Yoga w/Sue \$10	<b>28</b> 11:30—12:30 Pilates \$16  5:45—7:15 Reserved	<b>29</b> 12—1 Fit Ball  4:45—6 Yoga w/Sue \$10	<b>30</b> 11:35—12:40 Hatha Yoga	<b>31</b>